

# Fitting Guide

## Abduction Dorsiflexion Mechanism (ADM) Day Brace



CE

075\_MKT\_Day\_ADM\_Instructions\_for\_Use\_V001

c-prodirect

## Fitting Guide

### Abduction Dorsiflexion Mechanism (ADM)

- The ADM should be used as directed by your clinician.
- Before fitting ensure the feet are clean and very dry.
- Shoes should be worn with close fitting, smooth, cotton rich socks that extend above the top of the ADM.
- Please note the ADM does not need adjusting or configuring as it has springs with preset abduction and dorsiflexion forces.

#### Step 1

Un-do all laces/velcro of the shoe and make sure the ADM straps are also undone.



#### Step 2

Put the foot inside the shoe, ensuring the heel is all the way down, keeping the mechanism to the outside of the leg. It will help if this is done whilst standing to ensure the heel is fully down.



#### Step 3

Bring the ADM around the back of the leg without doing it up. The ADM needs to be just past the centre of the leg.



## Step 4

Do the trainer or shoe up, ensuring the tongue is pulled and the laces or velcro are done up firmly so the foot cannot slip out.



## Step 5

Pass the velcro strap through the buckle, and then back on itself. Press down onto the end of the strap to secure velcro. If the strap is too long, trim the straps using the stitched guides provided.



## Step 6

Then secure the upper strap firmly as per Step 5.



## Warnings and Precautions

Use only in accordance with these instructions and as directed by your clinician.

Consult your clinician immediately if the patient is experiencing any pain, blisters or sores. If the fit is not correct, consult a clinician or C-Pro Direct for advice.

Do not dis-assemble or tamper with the ADM mechanism. All product warranties are voided for ADMs that have been tampered with in any way.

Do not use the ADM if any part is damaged, not functioning or does not correctly fit the patient.

Clean using warm water only, avoid wetting the straps.

Do not expose any parts to extreme heat or prolonged direct sunlight.

Visit [www.c-prodirect.co.uk](http://www.c-prodirect.co.uk) or consult C-Pro Direct for further details.

## Warranty, Replacement and Returns

We aim to provide the highest service levels for all of our customers. If the merchandise you received is defective or not as you ordered, please contact us for a quick resolution.

- Broken ADM (within 12 months of purchase): A free of charge replacement will be provided if an ADM has a manufacturing defect or is damaged through normal use within 12 months of purchase.
- Incorrect size or incorrect ADM Springs: Please notify us within 7 days of receipt. Provided the product is returned in a saleable condition then a replacement of the correct size or configuration will be provided free of charge.
- Unwanted Product: If you are dissatisfied a refund will be provided if we are notified within 7 days of receipt and the product is returned in a new, saleable, unmarked condition and in original packaging. The products must be returned within 30 days of invoice date.

## Exceptions

This policy and warranty is non transferable. The warranty is voided if the products are amended or altered in any way, misused, or if they are not used in accordance with these instructions. Please contact us if you experience problems not outlined in this policy. Atypical matters will be handled on a case by case basis.

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